

## ANNEXURE-6.3.1

## Nutrients Intakes (per day) For Different Age Groups - 1996-97

NUTRIENTS	AGE GROUPS (Years)								
	1-3			4-6			7-9		
	MEAN	MEDIAN	SD	MEAN	MEDIAN	SD	MEAN	MEDIAN	SD
Protein	22.43	20.40	11.34	31.39	29.40	12.89	38.45	36.20	15.71
Tot fat (g)	13.51	10.10	11.42	17.61	13.90	15.26	19.55	15.10	15.17
Energy (Kcal)	867	815	370	1215	1154	424	1473	1418	480
Calcium	249.81	167.60	244.14	300.34	224.00	265.67	352.21	261.50	306.16
Old Iron (mg)	9.44	8.40	5.36	14.33	12.90	7.49	18.15	16.40	8.86
New Iron (mg)	5.50	4.30	4.43	8.41	6.90	5.57	10.82	8.70	7.51
Vit A (ug)	144.76	72.20	251.08	205.02	96.45	460.36	231.11	107.50	436.44
Thiamin (mg)	0.44	0.40	0.31	0.69	0.60	0.41	0.88	0.70	0.53
Ribo (mg)	0.44	0.40	0.28	0.56	0.50	0.30	0.66	0.60	0.31
Niacin (mg)	4.97	4.50	2.77	7.37	6.60	3.32	9.19	8.40	4.10
Vit C (mg)	16.54	9.90	22.13	24.94	17.50	31.55	28.62	20.40	31.86
Folic Acid (mg)	44.59	36.60	33.88	64.70	55.10	40.70	79.04	66.30	52.52
SOURCE : NNMB-2000									